



**ADOPT A FAMILY**  
**Give the gift of HOPE**  
**to the families of CN Guidance**

Contact Lisa to adopt a family today!  
516-822-6111 ext. 8002  
[LFriscia@centralnassau.org](mailto:LFriscia@centralnassau.org)

All donations must be received by December 18, 2017

Each year CN Guidance helps over 5,000 Long Islanders living with mental health and substance use disorders a year. We are asking you to join us in helping to make our CNG Families have a beautiful holiday season.

**HOPE STARTS HERE!**



CN Guidance and Counseling Services, Department of Community Residence  
245 Newtown Road, Suite 305, Plainview, NY 11803