



INTEGRATED COUNSELING & RECOVERY SERVICES

**FAMILY/SIGNIFICANT OTHER
EDUCATION SERIES & SUPPORT GROUP**

**FREE & OPEN TO THE COMMUNITY
THURSDAYS 6:30 PM – 7:30 PM**

- Understanding Addiction
- Family Impact
- Exploring Defenses
- Letting Go of Control
- Enabling
- Developing Emotional Clarity
- Caring Detachment

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