

Recovery is Healing



Recovery is Hope



**Recovery is a Road
No One Walks Alone**



ROADS TO RECOVERY

**Personalized Recovery-Oriented
Services (PROS)**

Cn guidance &
counseling services

ROADS TO RECOVERY

Personalized Recovery-Oriented Services (PROS)

At **CN Guidance**, we believe that everyone recovering from mental illness and substance use disorder can benefit from personalized, structured support to help them realize their goals, including:

- Meaningful employment and education
- Independent living and stable housing
- Better health, wellness and quality of life
- Healthier relationships and social interactions

We work with each individual to develop a personal recovery plan, empowering them to build on their strengths while healing and working toward independence. Services include individual/group therapy and peer support across various topics:

- Stress management and coping skills
- Assistance overcoming addiction/substance use
- Employment readiness and college prep
- Financial management/help accessing benefits
- Family education and support

“Roads to Recovery saved my life. I would recommend it highly to anyone on the road to recovery.” — Program Participant

HOPE STARTS HERE

**For an intake appointment
call 516-822-6111, ext. 1305**



Roads to Recovery PROS

55 West Ames Court, Suite 100 • Plainview, NY 11803
516-822-6111, ext. 1305

PROS@cnGuidance.org

cnGuidance.org

Program Hours: Monday–Friday
8 am – 4 pm