

CN Guidance is one of the few providers in New York, and the FIRST one on Long Island, who can now provide easy access to whole-person, integrated care through the Certified Community Behavioral Health Clinic project. We believe that everyone can recover, and are pleased to be able to offer

Enhanced CCBHC services:

Integrated Mental Health and Substance Use Treatment – Our team serves adults, adolescents, and children who are affected by mental health and/ or substance use disorders. We provide individual, group, and family therapy, psychiatric evaluation and medication management, plus same-day access to care. We provide Detox from and ongoing Medication-Assisted Treatment for opioids, alcohol, and benzodiazepines – in an outpatient setting.

Screening, Assessment & Diagnosis – Using tools and practices that have been proven effective, our clinical treatment team will help you determine what your needs are and how to best help you recover. We use a Patient-Centered Planning and Treatment Approach that puts your ideas and preferences for your care first.

Primary Medical Care – At our Wellness Center, we have doctors and staff onsite who can help you manage or reduce the risk of chronic illnesses like Heart Disease, Diabetes, Stroke, and COPD.

Targeted Case Management – A case manager can work with you and your staff to help you connect to additional resources at CN Guidance and in the community, manage all of your healthcare and benefits needs, and get additional supports during times of crisis.

Psychiatric Rehabilitation Services – Our specially trained staff can work with you at home, at the clinic, or in the community to help you restore your well-being and build skills in any area of your life.

Peer and Family Supports – Certified peer specialists (staff members who also receive services for mental health and substance use issues) provide support and counseling, and are available to help as you experience changes in your care or your life. Staff can visit you in the community if getting to the clinic is difficult for you.

Personalized Care for members of the Armed Forces – Anyone with current or prior military service (regardless of branch, service type or discharge status) or their families can receive services from staff who have been specially trained in recognizing and working with the unique circumstances of our nation's Veterans.

Crisis Intervention – Our dedicated staff can provide emergency crisis intervention & stabilization and crisis planning any time of day or night. Through our relationship with community partners, we have access to a mobile crisis team 24-hours a day, 7-days a week.

Talk with your staff today about our CCBHC services to help you decide what's best for you!