

NONPROFIT

CN Guidance awarded \$3.75M grant for opioid services on Long Island

ADINA GENN//October 19, 2026//



Courtesy of CN Guidance & Counseling Services
THE BLUEPRINT:

- CN Guidance awarded \$3.75 million grant from SAMHSA

- Grant supports opioid treatment and overdose prevention on Long Island
- Services delivered via mobile outreach vehicles in community settings

CN Guidance & Counseling Services, headquartered in Hicksville, was awarded a \$3.75 million grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to expand outreach and access to opioid treatment, recovery support and overdose prevention services across Nassau and Suffolk counties.

The federally funded initiative aims to strengthen the region's response to the opioid crisis by bringing outreach and treatment services directly to communities experiencing elevated risks of substance use and overdose as well as limited access to care. The program focuses on identifying and engaging individuals with opioid use disorder, connecting them to evidence-based treatment and providing ongoing recovery support to help improve health outcomes and reduce overdose deaths.

CN Guidance will use a mobile, community-based outreach treatment model to deliver services in neighborhoods and locations at risk for substance use and overdoses. Potential outreach locations include community centers, parks, transportation hubs, shopping centers, food pantries, libraries, healthcare facilities, Department of Social Services and probation offices, and other gathering places.

"Many people struggling with substance use face significant barriers that prevent them from getting the care and support they need," Mary Silberstein, senior director at CN Guidance, said in a news release about the grant.

"By meeting people where they are and building trusted relationships within the community, we can connect individuals and their families to lifesaving prevention, treatment and recovery resources, reduce overdose risks and help more Long Islanders achieve lasting recovery," Silberstein said.

“This federal investment allows us to expand our reach and bring critical services directly to those who may not otherwise receive care,” Jeffrey Friedman, CEO of CN Guidance, said in the news release.

“We are grateful to SAMHSA for supporting this important initiative and helping us strengthen Long Island’s response to the opioid epidemic,” Friedman said. “Together, we can save lives, improve health outcomes, and create stronger, healthier communities.”

CN Guidance will deliver services through its specially equipped outreach vehicles, including a mobile RV and service truck. Trained clinicians and certified peer specialists with lived experience in recovery will engage individuals directly in community settings and connect them to treatment and supportive services. These services include connections to medication for opioid use disorder, including methadone and other FDA-approved medications; substance use and mental health treatment, behavioral therapies and case management; and recovery support. Additional services will include overdose prevention education and naloxone distribution, tobacco cessation integrated into substance-use treatment, and infectious disease prevention, screening, testing and treatment referrals.