



**Media Contact: Andy Weissberg, Director of Marketing & Communications, CN Guidance**  
[aweissberg@centralnassau.org](mailto:aweissberg@centralnassau.org) (347) 933-0273

**October 14, 2026- FOR IMMEDIATE RELEASE**

## **CN Guidance Awarded \$3.75 Million Federal Grant to Expand Lifesaving Opioid Treatment and Overdose Prevention Services Across Long Island**

### **SAMHSA-Funded Initiative Will Bring Mobile Outreach, Treatment, Recovery Support, and Prevention Services Directly to High-Risk Communities**

**HICKSVILLE, NY – CN Guidance & Counseling Services** has been awarded a **\$3.75 million grant from the Substance Abuse and Mental Health Services Administration (SAMHSA)** to expand outreach and access to opioid treatment, recovery support, and overdose prevention services for vulnerable residents throughout Nassau and Suffolk counties.

The federally funded initiative will strengthen Long Island's response to the opioid crisis by delivering outreach and treatment services directly into communities where individuals face elevated risks of substance use, overdose, and barriers to care. The program is designed to identify and engage individuals with opioid use disorder (OUD), connect them to evidence-based treatment, and provide ongoing recovery support to help improve health outcomes and reduce overdose deaths.

Using a **mobile, community-based outreach and treatment model**, CN Guidance will bring services directly to neighborhoods and locations identified as substance use and overdose "hotspots." Working closely with healthcare providers, law enforcement agencies, local governments, and community organizations, the nonprofit will deploy targeted outreach efforts where needs are greatest.

Services will be provided throughout Long Island using CN Guidance's specially equipped outreach vehicles, including its mobile RV and service truck. Trained clinicians and certified Peer Specialists with lived recovery experience will proactively engage individuals in community settings and help connect them to treatment and support services.

Potential outreach locations include community centers, parks, transportation hubs, shopping centers, food pantries, libraries, healthcare facilities, Department of Social Services offices, Probation and other community gathering places.

## Key Services Include:

- Community outreach, screening, and engagement for individuals at risk of or experiencing opioid use disorder
- Peer support services delivered by trained Peer Specialists with lived recovery experience
- Linkage to Medication for Opioid Use Disorder (MOUD), including methadone and other FDA-approved medications
- Substance use and/or Mental health treatment utilizing behavioral therapies, and case management
- Recovery support services designed to promote long-term stability and wellness
- Opioid Overdose prevention education and distribution of naloxone overdose reversal kits
- Tobacco cessation services integrated into substance use treatment to improve overall health outcomes
- Promote infectious disease prevention, screening, testing and referrals to treatment

For more than 50 years, CN Guidance has been one of Long Island's leading providers of mental health and substance use treatment services, operating more than 60 programs and employing over 400 professionals. The organization partners with healthcare systems, schools, government agencies, and community organizations to support individuals and families affected by behavioral health challenges.

"Many people struggling with substance use face significant barriers that prevent them from getting the care and support they need," said **Mary Silberstein, Senior Director at CN Guidance**. "By meeting people where they are and building trusted relationships within the community, we can connect individuals and their families to lifesaving prevention, treatment and recovery resources, reduce overdose risks, and help more Long Islanders achieve lasting recovery."

"This federal investment allows us to expand our reach and bring critical services directly to those who may not otherwise receive care," said **Jeffrey Friedman, CEO of CN Guidance**. "We are grateful to SAMHSA for supporting this important initiative and helping us strengthen Long Island's response to the opioid epidemic. Together, we can save lives, improve health outcomes, and create stronger, healthier communities."

For more information about CN Guidance and its programs, visit **[www.cnguidance.org](http://www.cnguidance.org)** or call **516-822-6111**.

***About CN Guidance and Counseling Services:*** Serving children and adults with mental and emotional disorders since 1972, CN Guidance delivers NY-State licensed mental health and substance use treatment services to individuals and families, working in partnership with county government and other community services. With deep, localized knowledge of Nassau County and Suffolk County communities, a 24/7 crisis center, mobile fleet, telehealth capabilities, and a NY State Integrated Outpatient Services license, CN Guidance maintains an exemplary track record of delivering outreach and high-quality behavioral healthcare to more than 25,000 individuals per year. For more information, visit <https://cnguidance.org/>